

**Idaho National Laboratory**

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Subcontractors	Program Requirements Document	eCR Number: 608992
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Manual: INL Subcontractor Requirements

Entire Document Changed

**1. PURPOSE**

This document provides requirements for the selection and use of ladders, in order to ensure worker safety. This document highlights requirements referenced in the “Source Documents” section, as well as Contractor requirements. Any applicable regulatory or Contractor requirements must be followed, with the most stringent requirement being met.

**2. APPLICABILITY**

This document applies to all subcontractors working with ladders at the INL as specified in their contract with the Contractor. Stricter requirements may be imposed by subcontractors upon their employees or subtier contractors. The requirements of this document must be followed by subcontractors; however, the means of implementation may vary as determined by the subcontractor.

**3. REQUIREMENTS**

In addition to the manufacturer’s requirements and 29 CFR 1926 Subpart X-Stairways and Ladders the following requirements are also mandatory:

- Ladders shall be secured at the top and or bottom of the ladder, by affixing a device to the ladder to prevent accidental displacement.
- Leaning or reaching outside of the ladder in such a manner that will cause an unstable or unbalanced condition is prohibited
- Other methods, such as aerial lift platforms and scaffolding shall be considered instead of ladders if there is a possibility that extended time on the ladder will compromise the safety of the operation

**4. DEFINITIONS**

For definitions of terms used throughout the INL Subcontractor Requirements Manual, refer to LST-359.